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**PRESS RELEASE-For Immediate Release**

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**Make Vaccinations Part of Summer Travel Preparations**

TWIN FALLS- As summer arrives, many people will begin packing to travel. No matter your destination, don't let your vacation be spoiled by getting an unwanted bug such as hepatitis, flu, measles, or any other disease. Infections can easily be prevented from ruining your summer by getting routine or travel-related vaccines.

Why is this summer different from other years? Apart from the usual travel-related health risks, there are major international sports events this summer that are expected to increase travel from the U.S. to Europe and Asia. The location of these events, (such as the 2008 Beijing Olympics) and the fact that people from all over the world will attend these events are important reasons for travelers to make sure they are up-to-date on all routine and travel-related vaccines.

"Over 50 million Americans travel every year with 21 million of them traveling to developing countries," said Lisa Klamm, SCPHD Nurse. "If you are traveling to one of these countries, talk to your doctor to make sure you are up-to-date with your vaccinations. If you are traveling with children, be sure they are also vaccinated. By taking precautions and getting routine and travel-related vaccines, you will ensure a safe and healthy summer travel season and prevent the translocation of communicable diseases."

If vaccination records show a need for updates and you plan on traveling abroad, call your local health care provider or South Central Public Health District (737-5900) for more information and/or an appointment.

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